

January 2012

Newton MRC Medical Reserve Corps

*Newton Medical Reserve Corps
Newton Health & Human Services Department*



Public Health
Prevent. Promote. Protect.

1294 Centre St.
Newton Centre, MA 02459
(617) 796-1420

Teresa Wood Kett,
Public Health Program Specialist
tkett@newtonma.gov

Nurses:

Health Maintenance Clinic coverage needed for the following clinics. Let Teresa know if you can help!

Jan 23, 9 to 11 a.m., Library

Jan. 27, 9 to 12 p.m. Senior Center

Feb. 24, 9 to 12 p.m. Senior Center



New Member Orientation and Home Preparedness Training Scheduled

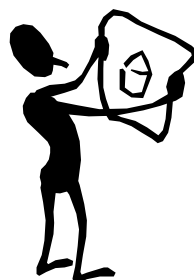
New members should plan to attend Orientation and Home Preparedness Training on **Tuesday, Jan. 31 from 6:30 to 8:30 p.m. at Newton City Hall in Room 209.**

The first hour of the training will include basic information about the Newton Medical Reserve Corps and how you can get involved. If you have never attended an orientation, or if it

has been awhile, you are welcome to attend.

You may also have your photo taken for your MRC Badge.

The second hour's Home Preparedness training will include valuable information and tools to ensure you are prepared



as an individual so you are more prepared to respond as a volunteer. You'll learn what supplies to have in an emergency kit and how to make a family communication plan.

You may attend one or both trainings. Feel free to bring friends and family members who may be interested in joining the MRC. **Please RSVP** to tkett@newtonma.gov or (617) 796-1420.

New Training Feb. 1: Understanding Individuals on the Autism Spectrum and How to Support Them in the Community

Autism is a complex neurological disorder that impairs a person's ability to communicate, relate to others and process information. It is considered a "spectrum disorder" as individuals living with autism can function at different levels, from very mild to severe.

There is usually nothing about how a person with an Autism Spectrum Disorder (ASD) looks that sets them apart from other people, but once observed, it's often apparent that something might be different about them.

Their thinking and learning abilities can vary - from gifted to severely challenged.

This training will inform you

about the challenges families face when supporting a loved one with autism and how to respond effectively as an MRC volunteer to children and adults with autism.

Information will be presented by:

Sammi Robertson - parent of three children including one with autism, and President of Bailey's Team for Autism, a regional non-profit organization supporting individuals living with autism and their families through research, education and programming.

Beth Rimas - parent of five children including one with autism, cerebral palsy, epilepsy and mental retardation. Beth has worked as an

Wed., Feb. 1

Newton Senior Center
345 Walnut St., Newtonville

6 p.m., Registration
6:30 to 8:30 p.m. Program

RSVP (617) 796-1420 or
www.region4bvolunteer.org

EMT and an ER tech.

She currently works at Boston EMS and facilitates EMS trainings for the Autism Law Enforcement Education Coalition (ALEC). ALEC is a statewide initiative supported by the South Norfolk County Arc Family Autism Center along with funds from private organizations including Bailey's Team for Autism.



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www.region4bvolunteer.org



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Clip & Save Schedule

Jan. 26, Thurs., 6 to 9 p.m.

START: Simple Triage and Rapid Treatment

Arlington Senior Center, Lower Level Conference Room
27 Maple St., Arlington

Jan. 31, Tues., 6:30 to 8:30 p.m. (6 p.m. registration)

New Member Orientation and Home Preparedness

Newton City Hall, 1000 Commonwealth Ave, Newton

Feb. 1, 6:30 to 8:30 p.m. (6 p.m. registration)

Understanding Individuals on the Autism Spectrum

Newton Senior Center, 345 Walnut St., Newtonville

Feb. 7, Tues, 6:30 to 7:30 p.m.

Newton MRC Leadership Team meeting

Newton Health Dept., 1294 Centre St., Newton

Feb. 23, Wed., 6 to 9 p.m.

START: Simple Triage and Rapid Treatment

Hingham Town Hall, North/South Meeting Room
210 Central St., Hingham

March 11, afternoon, specifics TBA

Friends & Family CPR volunteer opportunity

March 24, all day, specifics TBA

3rd Annual MRC Training Conference at Olin College

Register online at www.region4bvolunteer.org

Heart Month Program Help Needed

The City of Newton in partnership with Cataldo Ambulance Service is launching a special heart month program this February.

A public awareness campaign about AEDs (Automated External Defibrillator) will help gather information about AEDs in Newton, inform people of what they are, and let them know how they can learn to use an AED.

Plans are still in the works, but MRC volunteers will be needed at the culmination event tentatively scheduled for the afternoon of Sunday, March 11.

The American Heart Association Friends and Family CPR/AED course will be offered at no cost to Newton residents on this day. More details about this event will be available later this month, so stay tuned for updates.

MRC volunteers who are CPR/AED instructors are needed to help facilitate groups that day. MRC volunteers will also be needed

to help with registration, setup, cleanup and other tasks to help run this event.

If you are interested in helping, please email tkett@newtonma.gov or call 617-796-1420.



Training Conference set for March 24

The 3rd Annual Region 4b Medical Reserve Corps Conference is scheduled for Sat., March 24 at Olin College in Needham.

This is a day-long training conference for volunteers in the 27 communities of Region 4b. Volunteers will have the opportunity to choose from several training workshops and meet other MRC

volunteers and staff members.

This event is appropriate for new and old volunteers.

Specific information about registration and what workshops will be offered will be announced by early March.

In the mean time, save the date for this important event!



START Training in Hingham and Arlington

START stands for Simple Triage and Rapid Treatment. The START process allows a limited number of responders to rapidly triage a large number of individuals during a mass casualty incident with little or no specialized training.

This course will demonstrate the START/Jump START system for both adult and pediatric victims. Participants in this session will learn about practical strategies for initial triaging and will also have the opportunity to experience a hands-on demonstration using triage tools. This training is for BOTH medical and non-medical volunteers.

Check the clip & save schedule above for specific dates and register online at www.region4bvolunteer.org